

DEPARTMENT OF PSYCHOLOGY, PANJAB UNIVERSITY
CHANDIGARH

cordially invites you to a

NATIONAL WEBINAR

on



TECHNIQUES TO ENHANCE MENTAL HEALTH

By

Prof. Manju Aggarwal

DATE: 14th December 2020

TIME: 3.30 pm

Please join through the link:

meet.google.com/zxs-uzpm-nin

First come first (Limited seats).

Please join 10 mins. before the lecture.

ORGANISER:

Prof. Seema Vinayak
Chairperson

Department of Psychology
Panjab University, Chandigarh
Email: svpsy.pu@pu.ac.in