

## CURRICULUM VITAE



**Professor Jitendra Mohan, MA, Ph.D**

**Professor Emeritus of Psychology, Panjab University, Chandigarh, INDIA.**

**President: International Society of Mental Training for Excellence (2011-2015).**

**Member Governing Council, Indian Council of Social Sciences Research (ICSSR).**

**President-- Asia Pacific Association of Applied Psychology (Sri Lanka)**

**President: 7<sup>th</sup> World Congress on Excellence (2015), Chandigarh, India.**

- **Former Dean of Faculty of Arts, University Fellow, Chairman (Professor) of Department of Psychology, Panjab University, Chandigarh-160014, India.**
- **Visiting Professor in U.K., Malaysia, Iran, Serbia & China.**
- **Publications** – Twenty Seven Books, 300+ Research Papers & Chapters.
- **Editor-in-Chief** – Indian Journal of Psychology, Asian Journal of Psychology and Education and on the Editorial Board of 18 Academic Journals.
- **Guided 80 Thesis**
- **Completed 18 Sponsored Research Projects in Applied Psychology.**

- 
- **Founder President** – Sports Psychology Association India (1985 – 1993)
  - **President** – Indian Psychological Association (1997)
  - **President Indian Academy of Applied Psychology (2005-2007)**
  - **National Fellow : Indian Council of Social Science Research (2003 – 2005)**
  - **U.G.C Emeritus Fellow (2008-2010)**

- 
- **Honorary Professor of International Academy for Yoga Teachers Education. SERBIA**
  - **Member Scientific Board of International Society for Scientific Interdisciplinary Yoga Research. SERBIA**
  - **Member Managing Council** – International Society of Sport Psychology (ISSP) (1989 – 1997)
  - **Member Board of Directors** – International Association of Applied Psychology (IAAP) (1996 – 2004 and 2006 – 2014)
  - **Vice President: Asian South Pacific Association of Sports Psychology (ASPASP) (1990-1998)**
  - **Invited by President Sidonio of ISSP to Chair and Convene a Symposium On Mental Training at the XIII World Congress of Sport Psychology, Beijing, China 2013.**

- 
- **Life Time Contribution Award** - Indian Association of Sports Medicine.
  - **Life Time Achievement Award** - Sports Psychology Association of India.
- 

Tel : (R) Mobile: +91-9876491321  
E-mail:-mohanjitendra@hotmail.com

## **SPECIAL ACHIEVEMENTS**

1. Dean Faculty of Arts Panjab University, Chandigarh 1985-87.
2. Director : Asian Centre for Excellence
3. Honorary Director: UNESCO Centre, Panjab University, Chandigarh.
4. Member Expert Panel: Life Science Research Board, Defence Research & Development Organization, GOI, New Delhi.
5. Honorary Faculty Member United States Sports Academy.
6. Received Awards from Commonwealth Foundation; UNESCO; APA; British Council; Canadian Science Council, ICSSR, DST and UGC for Research and Participation in Congresses.
7. Recipient of Publication Grant from Haryana Sahitya Academy for Poems.
8. Invited to deliver keynote address and special lecture at international and national conferences and as a Visiting Speaker at Various Universities in India and abroad.
9. Golden Jubilee Lecture Award at Madras University, Chennai, India.
10. Research References & Biographical references in various anthologies & Man of the Year Award by the American Biographical Association.
11. Participated in by Global Forum for Research, WHO, Geneva, December 2003.
12. Visiting Professor, Psychology and Social Research Unit, University Malaysia Sabah, Kota Kinabalu, Sabah, Malaysia. (2006).
13. Visiting Professor, Department of Psychology, University of Mizoram, Aizwal.

## **PROFESSIONAL EXPERIENCE**

1. Professor Emeritus of Psychology (2009- )
2. U.G.C. Emeritus fellow (2008-2010)
3. Visiting Professor, University Malaysia Sabah 2005-2006.
4. ICSSR: National Fellow 2003-2005.
5. University Professor 1987-2004.
6. University Reader 1970-1987.
7. University Lecturer 1968-1970.
8. University Research Scholar/Fellow/Assistant 1962-68.
9. PhD. 1966 An experimental Study of Determinants of Post-rest Extinction of Conditioned Inhibition And Reminiscence (Published by Panjab University, Chandigarh)
10. M.A. Psychology 1962. (First Class First).

## **ORGANIZATIONAL & ADMINISTRATIVE EXPERIENCE**

1. Dean Faculty of Social Sciences, Fellow and Chairman Board of Studies in Psychology Guru Nanak Dev University, Amritsar (1970-73).
2. Dean (1985-87) Faculty of Arts, Panjab University; Fellow (1984-1988),
3. Founder Head & Reader, Department. Of Psychology Guru Nanak Dev University, Amritsar 1970-73.
4. Chairman: Department of Psychology, Panjab University Chandigarh 1984-87.
5. Nominee of President of India to the Academic Council of Vishwa Bharti, Shanti Niketan.
6. Nominee of President of India to the Aligarh Muslim University.
7. Nominee of the Chancellor to the School of Social Sciences, NEHU Shillong and Aizwal.
8. Nominated by the Vice-chancellor, to the Board of Studies at Kurukshetra University, Kurukshetra & Panjabi University, Patiala.

## **TRAINING/WORKSHOPS ABROAD**

1. Conducted about 50 Training Programs and Workshops on Mental Training, Stress Management, Personality Development, Communication in organizations, Excellence, Sport Psychology and Relaxation in U.K., Canada, Malaysia, Singapore, Nepal, Netherlands, Greece, Israel and Sweden. Some of the notables are :
  - i) Youth Development in Malaysia and Singapore in 1989.
  - ii) Universities Kebangsaan & Utara Malaysia in 1990.
  - iii) Universities in China in 1989.
  - iv) International Society of Sports psychology in Netanya 1997.
  - v) Health Authority in U.K. 2000.
  - vi) Mental Training Workshop in Sweden in 2000.
  - vii) University Malaysia Sabah, and International Islamic University Malaysia in 2002-2003.

## **TRAINING/WORKSHOPS IN INDIA**

Conducted about 200 training programs & workshops for different Professionals, Executives, Researchers, Youth and Children in India. Some of the notable organisations are:-

1. Commonwealth Youth Program: Asia Centre Chandigarh.
2. Lal Bahadur Shastri National Academy of Administration, Mussourie.
3. National Academy of Police, Hyderabad.
4. Defence Institute of Psychological Research, New Delhi.
5. Rotary International, Chandigarh

6. UGC Academic Staff Colleges at various Universities in India.
7. Bharat Heavy Electricals, New Delhi.
8. Semiconductor, Chandigarh.
9. BEL Chandigarh.
10. HMT Pinjore
11. DRDO Govt. of India Bangalore.
12. Pondicherry Police Academy.
13. State Bank of India.
14. Panjab National Bank.
15. Panjab & Sind Bank.
16. Oriental Bank of Commerce.
17. National Institute of Bank Management
18. Reserve Bank of India
19. Officers of the Customs and Income Tax offices in India
20. Participants of Training Programmes for NGOs/Drivers/Research  
Scholars/Artists/Doctors/Handicapped/Trainers of Trainees
21. IIT New Delhi
22. NITTER Chandigarh & Chennai.
23. Ministry of Welfare, Women Empowerment and Social Justice
24. Regional Institute of Correctional Administration
25. Punjab Police Academy
26. Haryana Police Academy
27. UNESCO Centre
28. I.I.M Ahmadabad
29. M. G. P. S. I. P. A. Chandigarh
30. H.I.P.A. Chandigarh

## **LEADERSHIP & MEMBERSHIP OF PROFESSIONAL ASSOCIATIONS**

### **INTERNATIONAL**

1. President: Asian Association of Applied Psychology.
2. Member: International Managing Council: International Association of Applied Psychology.
3. Member Managing Council: International Society of Sports Sciences.
4. Vice-President: Asia South Pacific Association of Sports Psychology.
5. Member International Union of Psychological Sciences.
6. Associate Member: British Psychological Society.

### **NATIONAL**

1. President: Indian Academy of Applied Psychology.
2. President : Indian Psychological Association
3. Founder President & Patron Sport Psychology Association of India.
4. Secretary General: All India Association of Mental Retardation.
5. Indian Science Congress Association
6. Indian Academy of Social Sciences
7. Indian Institute of Public Administration
8. Indian Association of Criminology
9. Indian Association of Labour Economics.

## **EDITORIAL EXPERIENCE**

1. Editor-in-chief: Indian Journal of Psychology
2. Editor-in- Chief : Asian Journal of Psychology & Education
3. International Journal of Sport Psychology.
4. Counselling Psychology: Quarterly.
5. The Sports Psychologist
6. Paedovita
7. Journal of Indian Academy of Applied Psychology
8. Indian Journal of Managerial Psychology
9. Panjab Journal of Social Science.
10. Perspectives of Psychology Research
11. APROC Journal of Experimental Psychology
12. P.U. Journal of Social Science
13. ICSSR Journal of Social Science
14. Social Science International
15. Qualitative Research in Sport and Exercise
16. Amity Journal Of Positive Psychology
17. Journal of Psychosocial Research.
18. Journal of Positive Psychology.
19. Indian Journal of Sports Psychology.
20. Pakistan Journal of Psychology.
21. Advisory Committee: Panjab Journal of Sikh Studies

## **RESEARCH COLLABORATION**

1. Professor H. J. Eysenck, U.K.
2. Professor Peter F. Merenda, U.S.A.
3. Professor Charles Spielbeger, U.S.A.
4. Professor Paul Kline, U.K.
5. Professor G. Migliorino, Italy
6. Professor Dato Dr. Abdul Halim Othman, Malaysia.
7. Professor Dr. Rosnah Ismail, Malaysia.

## **RESEARCH SUPERVISION**

- 1 Guided 80 PhD Students.
- 2 20 M. Phil & 40 M.A. / M.B.A/ M.ED & 35 CYP DISSERTATIONS
- 3 Guiding 6 Ph.D. Students.

## **RESEARCH AREAS**

PERSONALITY, SPORTS, PERFORMANCE ENHANCEMENT, MENTAL RETARDATION, DRUG ABUSE, CROSS-CULTURAL PERCEPTION, STRESS MANAGEMENT THROUGH YOGA & MENTAL TRAINING, HEALTH PSYCHOLOGY.

## **INTERNATIONAL PROFESSIONAL VISITS**

1. XIX International Congress of Psychology London, 1969
2. XIV International Congress of Applied Psychology Liege, 1971.
3. XXII International Congress of Psychology Leipzig, 1980.
4. SEMINAR: British Experimental Psychology. Cambridge, 1980.
5. Conference on Educational Research Glasgow, 1987
6. 7<sup>th</sup> International Congress of sport Psychology Singapore, 1989.
7. Sea Games Sports Science Congress, Kuala Lumpur, 1989.
8. International Congress of Youth and Counseling, Kaula Lumpur, 1990.
9. International Conference of Sports Sciences Beijing 1989.
10. Regional Congress of Cross cultural Psychology Kathmandu 1992.
11. 8<sup>th</sup> World Congress of Sport Psychology Portugal, 1993.
12. XXIII International Congress of Applied Psychology Spain 1994  
(Delivered a key note address on Yoga and Stress Management).
13. Star Conference Prague 1995.
14. MOSCOW Congress on sport Science , 1995 Chief guest + Keynote Speaker Moscow, Russia.
15. XXVI International Congress of psychology Montreal, 1996.
16. 9<sup>th</sup> World Congress of sport Psychology , Netanya 1997.
17. XXIV International Congress of Applied Psychology San Francisco 1998.
18. 3<sup>rd</sup> International Congress of Mental Training. Saltlake City 1999.
19. XXVII International Congress of Psychology Stockholm 2000.
20. X World Congress of Sport Psychology Greece 2001.
21. XXV International Congress of applied Psychology Singapore 2002.
22. Global Forum of Research Geneva 2003.
23. Second Asian Conference on Psychotherapy, Iran 2004.
24. Second European Conference of Positive Psychology, Italy 2004.
25. XXVI International Congress of Applied Psychology Greece. Convenor – Invited Symposium on Stress and Health : A Cultural Perspectives. July 2006. Athens, Greece.
26. Visited Holland, Spain, Belgium, Czech Republic. Nepal, M'Asia, Singapore, U.K, Russia , USA for lectures, training programs. Research collaboration and attending meetings of Executive Committees of International Professional Organizations.



## **RESEARCH PROJECTS**

1. UGC PROJECT : A COMPARATIVE STUDY OF DISINHIBITION (1972).
2. PANJAB UNIVERSITY AND ESCORTS : MOTIVATIONAL DETERMINANTS FATIGUE (1974).
3. PANJAB UNIVERSITY: A STUDY OF INDIAN HOCKEY TEAM (1975).
4. PANJAB UNIVERSITY: A STUDY OF SOCIAL ISSUES AND AWARENESS OF UNIVERSITY STUDENTS (1975).
5. ESCORTS AND PANJAB UNIVERSITY. A STUDY OF EXECUTIVE PERSONALITY AND PROBLEMS (1975).
6. A STUDY OF YOUTH AND LITERATURE. DEPTT. OF B.V.C. IN MODERN LITERATURE (1976).
7. PANJAB UNIVERSITY. A STUDY OF UNIVERSITY STUDENT LEADERS (1980).
8. U.G.C. PROJECT ON : AN EXPERIMENTAL DEVELOPMENTAL STUDY OF PSYCHOMOTOR PERFORMANCE, REMINISCENCE AND VIGILANCE IN CHILDREN (1982).
9. MINISTRY OF SOCIAL DEFENCE - A STUDY OF CHILDREN OF MURDERED AND MURDERERS (1990).
10. A CROSS-CULTURAL STUDY OF REACTION TIME OF CHILDREN: PIONEER FOUNDATION (1995).
11. ICSSR : A PROFILE OF GIFTED, NORMAL AND MENTALLY RETARTED CHILDREN (1996).
12. U.G.C. A STUDY OF DRUG ABUSE AND ITS DETERMINANTS AMONG UNIVERSITY STUDENTS, (1998). PUBLISHED.
13. MINISTRY OF SOCIAL DEFENCE: DRUG ABUSE AMONG CHILD WORKERS : AN EXPLORATORY SURVEY, 1998. PUBLISHED.
14. CAD AMONG PANJABIS. TAGORE HEART INSTITUTE, JALANDHAR. (2002)
15. MINISTRY OF DEFENCE: A STUDY OF ROLE STRESS, COGNITION, CREATIVITY AND PERSONALITY OF DEFENCE SCIENTISTS, (2004)
16. A STUDY PSYCHO -SOCIAL CORRELATES OF CAD ( ON GOING – ICSSR NATIONAL FELLOWSHIP STUDY)
17. A STUDY OF STRESS & BURNOUT AMONG PROFESSIONALS (U.G.C. EMERITUS FELLOWSHIP STUDY)

## BOOKS

- Mohan, J. (1979). *Reminiscence, Inhibition and Consolidation*. Chandigarh, Panjab University.
- Mohan, J. (1982). *Motivation and Fatigue*. Agra, National Psychological Corporation.
- Mohan, J. (1984). *Understanding and Development of Child* (Edited with J.N. Joshi). Agra, A.P.R.C.
- Mohan, J. (1985). *Psychology and Sports performance*, (Edited with N.N. Mall). Gwalior, L.N.C.P.E.
- Mohan, J. (1989). *Excellence in Sports and Psychology*, (Edited with L.A. Thakkar). Ahmedabad, Gujarat University.
- Mohan, J. (1993). *Advanced Educational Psychology* (Ed.). New Delhi, Wiley Eastern.
- Mohan, J. (1994). *Developmental Model of performance and Vigilance*. Agra, APRC.
- Mohan, J. (1993). *Horizons in the Sport Psychology*, (Edited with M.L. Kamlesh). Trivandrum, Sports Authority of India.
- Mohan, J. (1984). *Aprajit Kshana*. Allahabad, Lok Bharti, Allahabad
- Mohan, J. (1990). *Samanya Monovigyan*. Chandigarh, Haryana Sahitya Academy.
- Mohan, J. (1991). *Psychology of Sports: The Indian Experience*. (Edited with N.K. Chadha & S Akhtar). New Delhi: Friends.
- Mohan, J. (1987). *Proceedings of 2nd Annual Conference of Sports Psychology* (Edited with R.L. Anand). Patiala, NIS.
- Mohan, J. (1996). *Recent Advances in Sports Psychology*. New Delhi, Friends Publications.
- Mohan, J. (1996). *Perspectives in Sports Sciences*. New Delhi. Friends Publications (Edited with Dr. Muthiah, released by the Governor of Karnataka at the ISSCE Congress in Bangalore, 1996).
- Mohan, J. (2000). *Personality Across Cultures*. New Delhi, Oxford University Press.
- Mohan, J. (2001). *India : On a New Threshold* (Edited with Hari Joshi). New Delhi, SAI Publications.
- Mohan, J (2003). *Drug Abuse Among Child Workers* (with Meena Sehgal). New Delhi: Abhijeeet Publishers.
- Mohan, J. (2003). *Youth & Drugs* (with Meena Sehgal). New Delhi: Abhijeeet Publishers.
- Mohan, J. (2004). *Readings in Sports Psychology* (with Meena Sehgal). New Delhi. Friends Publications.
- Mohan, J. (2006). *Health Psychology: Recent Perspectives* (with Meena Sehgal). New Delhi, Abhijeeet Publishers.
- Mohan, J. (2013). *Advances in Applied Psychology*. (in press)
- Mohan, J. (2014). *Contemporary Biopsychological Aspects in the Era of Science and Technology* (Edited with R. C. Sobti, Meena Sehgal, Vipin Sobti and Sanjiv Sharma). To be released by the honorable Shri Hamid Ansari, the Vice President of India.

## **PAPERS**

- Mohan, J. (1963). Suicide: A Phenomenal Survey and Analysis. *Everyday Science*, Vol. VII. No. 3-4, 43-46.
- Mohan, J. (1964) A Study of Scores on the 16 PF Test. *Psychological Studies*, Vol. 9, No.1, 14-20.
- Mohan, J. (1964). Dream Analysis : An Acclectic Reinterpretation Approach *Everyday Science*, Vol. IX, Nos. 1-2, 31-34.
- Mohan, J. (1966). Intelligence and Season of Birth. *Psychological Studies*, Vol. IX No. 1, 32-34.
- Mohan, J. (1965). Human Behaviour and Cybernetics. A comparative Analysis. *Everyday Science*, Vol. X, Nos. 1-2, 43-46.
- Mohan, J. (1966). Reminiscence : A Review. *Psychologia (Japan)*, Vol.9, 157-164.
- Mohan, J. (1965). Personality and Variability in Aesthetic Evaluation *Psychologia. Japan* (also included in a book edited by Dr. H.J. Eysenck), 8, 218-219.
- Mohan, J. (1966). Behaviour and Culture : A Cybernetic Problem. *Everyday Science*, Vol. XI, No. 4.
- Mohan, J. (1967). Psychomotor Performance and Rest. *Ind. Jr. of Expt. Psy.*, 1,19-21.
- Mohan, J. (1967). Effect of Set on Fluctuation of Attention. *Jr. Ed. And Psychology*, Vol. 3 No. 2, 26-29.
- Mohan, J. (1967). Neuroticism and Variability in Aesthetic Preferences. *Psychological Studies*, Vol. 12 No. 2, 101-106.
- Mohan, J. (1967). Perception of Nehru and Shastri. *Perceptual and Motor Skills*, 24, 1309-1310.
- Mohan, J. (1968). Ideal Self, Nehru and Shastri. *Psychological Studies*, Vol 13, 8-11.
- Mohan, J. (1968). Performance. Sex and Drive. *Jr. of Edu. & Psy.*, Vol 29, 108-111.
- Mohan, J. (1968). Personality, Drive and Fluctuation of Attention. *Indian Jr. Experimental Psychology*. 1968, 2, No. 1, 6-8.
- Mohan, J. (1968). A Study of National Stereotypes. *Jr. Ind. Acad. Applied Psychology*, Vol. 5, No.2, 61-64.

- Mohan, J. and Claire, C. (1968). Personality and Verbal Conditioning. *Manas*, 15, 2, 87-91.
- Mohan, J. (1968). Perception of Nehru and Ideal Self in Indian culture. *Perceptual and Motor Skills*, USA, 22, 865-866.
- Mohan, J. (1968). Cross-Cultural Perception of Johnson and Kosygin Perceptual Motor Skills, USA 26, 843-847.
- Mohan, J. (1968). Gandhi and Lincoln. *Perceptual and Motor Skills*, USA, 26, 721-722.
- Mohan, J. (1968). Disinhibition and Reminiscence. *Brit. J. of Psy.*, 59, 3, 277-279.
- Mohan, J. (1969). Effect of rest on performance. *Indian Jr. Exptl Psychology*, 1, No. 1, 1-3.
- Mohan, J. (1969). Extraversion., Neuroticism, Feeble-mindedness and Physical persistence. *Indian Jr. Mental Retardation*, Vol.2, No. 1, 31-33.
- Mohan, J. (1969). Effect of Leadership Training on Change in Sociometric Choices. *Psychological Studies*, Vol. 14, No.2, 122-124.
- Mohan, J. (1970). Indian students pre and post-election perceptions of Nixon and Humphrey. *Perceptual and Motor Skills*, 30, 677-678.
- Mohan, J. (1970). Reminiscence, Personality and Disinhibition. *Studia Psychologica*, Czechoslovakia, XII, 147-150.
- Mohan, J. (1972), Inhibition : A conceptual analysis, *Jr. of Edu. & Psychology*, Vol. XXIX, No.1, 89-94.
- Mohan, J. (1974). Effect of Motivation on Reminiscence in a psychomotor task, Vol. 11, No. 1-2,P. 19-21.
- Mohan, J. and Kumar, A. (1970). A study of preference of Husband's profession. *Recent Trends in Education*, Vol. II, No.2, 38-39.
- Mohan, J. (1971). Perception of Eight International Leaders. *Perceptual and Motor Skills*, USA 33, 6, 11-14.
- Mohan, J. (1971). Initial ability and reminiscence on Pursuit motor performance. *Revista. Latina American*.
- Mohan, J. (1972). Effect of rest on performance. *Indian Jr. of Exptl. Psychology*, 6, No. 1, 15-20.
- Mohan, J. (1972). International Trends in Research in Social Psychology. *New Trends in Education*, Vol. III, 1-3.

- Mohan, J. (1972). A study of relationship between physical persistence and academic achievement. *Jr. of Education and Psychology*, Vol. XXX, No. 1, 39-41.
- Mohan, J. (1972). Reminiscence, Personality and Disinhibition. *Proceedings XIX Congress of Psychology*, London.
- Mohan, J. (1972). Effect of Rest of Reminiscence in Pursuit Rotor Task. *Indian Journal of Exp. Psy.* 71, No.2, 5, No. 2, 80-81.
- Mohan, J. and Kumar, A. (1973). Performance and Reminiscence as a function of initial level performance. *IPA. Convention Proceedings, Manas*, 20, 1, 59-61.
- Mohan, J. (1973). Personality, Drive and Reminiscence in Inverted Alphabet Writing. *Psychological Studies*, Vol. 18, No.2, 14-17.
- Mohan, J. (1973). Performance and reminiscence as a function of initial level of performance. *Manas*, 20,1, 73-76.
- Mohan, J. and Malhotra, RVR (1973). Extraversion and Neuroticism as determiners of effect of suggestion on aesthetic preference. *Studia Psychologia*, XV, 1, 84-86.
- Mohan, J. (1973). Indian Students Perceptions of Yahya Khan, Mujibur Rahman and Z.A. Bhutto before and after Bangladesh Revolution. *Perceptual and Motor Skills*, 36, 111-1114.
- Mohan, J. (1974). Drive and Serial Learning. *Abstract Proceedings. Indian Science Congress*.
- Mohan, J. (1973). A Study of Personaility Correlates of Psychomotor Performance. *Indian Jr. of Psychometry and Education*, Vol. IV. No.2, 54-58.
- Mohan, J. and Malhotra, R.V.R. (1973). Arousal : A psychophysiological Appraisal. *Indian Jr. of Social Sciences*, Vol. II, No.4, 259-265.
- Mohan, J. (1974). Advertisements-Psychological Research Dimension. *Souvenir-Golden Jubilee Celebrations. Department of Psychology. Mysore University*, 18-25.
- Mohan, J. (1974) Inhibition : A behavioural Phenomenon. *Studies in Psychology*. (Ed. B. Krishnan). *Mysore University Press*.
- Mohan, J., Munjal, N. and Rajinder, K. (1974). A Study of Drive, Performance and Reminiscence. *Bangladesh Jr. of Psychology*, 2, 35-39.
- Mohan, J. (1973). Neuroticism and Extraversion as determinants of effect of distraction on psychomotor performance. *Psychologia*, 16,49.

- Mohan, J. (1975). High School Science Achievement as a function of personality and Intelligence. *Jr. Edu. & Psy.* Vol. XXXII, No. 4, 217-222.
- Mohan, J. (1973). Personality Determinants of effect of disinhibition on reminiscence. *Jr. Indian Acad. Applied Psychology*, 3, Vol. 10, (2-3), 53-56.
- Mohan, J. (1975). M.B.A. Students. A Brief Study. *Indian Management*, Vol. 26, No. 7, 13-19.
- Mohan, J. (1975). Cultural Differences in Item Endorsement in a Personality Test. In India, Ghana and Great Britain. *N. of Social Psychology*, 94, 137-138.
- Mohan, J. (1975). Indian Students perceptions of the Ideal Self, Ideal Leader, Ideal Teacher, Indira Gandhi and Business Executive. *Perceptual and Motor Skills*, 40. 611-615.
- Mohan, J. (1975). Perceptual Oscillation in Relation to Motivation, Sex and Personality. *Jr. of Edu. & Psy.*, Vol XXXIII, No.2, 33-40.
- Mohan, J. (1976). Students Perception of Indira Gandhi. *Acran Jr. of Psy. And Edu.*, 1,1, 12-16.
- Mohan, J. (1976). A comparative Study of Personality. Intelligence, and performance of Neurotics and Psychotic. *Indian Jr. of Clinical Psy.* 3, 153-156.
- Mohan, J. (1976). A review of Psychophysiological Research in Industrial Fatigue. *The Social Scs. Journal*, Vol. 1, No.1, 1-19. (Included in Dr. Dviwedi's Book on Dynamics of Work Behaviour in 1981).
- Mohan, J. (1976) The Dynamics of the Problems of Adolescents. *Asian Jr. of Psy. & Edu.*, 1,3, 32-35.
- Mohan, J. (1977). Suicide; A psycho-social Problem. *Asian J. of Psy. And Edu.*, Vol. 2, No. 3, 16-26.
- Mohan, J. (1977). Problems of Research and Social work in Mental Retardation. *Indian J. of Mental Retardation*. 10, 2, 88-93.
- Mohan, J. (1978). Oral Personality Traits among Female Students in North-India. A Cross-Cultural Study. *Psychological Studies*, 23, 1, 1-4, with Paul Kline.
- Mohan, J. (1979). Extraversion and drive as correlates of Substitution Reminiscence. *APRC: Journal of Experimental Psy.*, 1,1, 1-5.
- Mohan, J. (1978). Personality, Motivation, Work and Rest as Determinants or Reminiscence. *Social Research Journal*, Vol. III, No.1, 55-75.

- Mohan, J. (1979). Motivational Determinants of Fatigue. *Psychological Studies*, 25, 12-24.
- Mohan, J. (1979). A comparative Study, of Extraversion, Neuroticism and attitude towards Sports of handball Players and Non-Players. *SNIPES Journal*, Vol.2, No.1, 3-6.
- Mohan, J. (1979). Accidents : A Psychological Analysis. *P.U. News*.
- Mohan, J. (1979) Executive Personality (Bibliography). 1978. *P.M. Management Review*, Vol. 1, No.2, 71-78.
- Mohan, J. (1979). Youth and Drug Addiction. *Bombay Psychologist*, Vol. 11, No. 1, 24-27.
- Mohan, J. (1979). A Study of Problems of Young Children. *Indian Psychological Review*, Vol. 17, No. 1, 51-56.
- Mohan, J. and Kumar, N. (1980). A Study of Social and Personal Problems of Tribal Youth. *Asian J of Psy. & Edu.*, 6(1), 5-8.
- Mohan, J. (1979). Personality, Noise and Performance. *Asian Jr. of Psy. And Edu.*, Vol.4, No. 2, 27-37.
- Mohan, J. (1980). A Comparative Study of Personality, Achievement, Motivation, Intelligence and Adjustment Problem of Rural, and Urban Children. *School Education*, Vol. VI No. 1, 74-80.
- Mohan, J. (1980). Handicapped Children : A Psychological Appraisal. *Haryana Children News Bulletin*, Vol. VI, No. 1, 6-8.
- Mohan, J. (1981). Creative Personality : A Study of Poets. *Panjab University Research Bulletin (Arts)*, Vol. XXII, No.1-2, 53-63.
- Mohan, J. (1980). An Experimental Developmental Study of Performance, Reminiscence and Vigilance. Abstract Guide. International Congress of Psychology, Germany.
- Mohan, J. (1980). Recent Research Trends in Experimental Psychology in India. ICP Abstract Guide, International Congress of Psychology.
- Mohan, J. (1981). A Study of Personality and Academic Achievement of Children. *Jr. of Edu. And Psychology*, 39. (3). 163-168.
- Mohan, J. (1981). Personality, Age and Sex as determinants of Reminiscence in Children. *Asian Jr. of Psy. and Edu.*, Vol. 7, No. 3, 1-7.
- Mohan, J. and Vasudeva, P.N. (1981) Sociometry: A Review of Status and Trends (included) in a book on Research Methodology by Mishra, 1981, Recent advances in educational and psychological testing, 17, 139-152.

- Mohan, J. (1981). A Cross-Cultural Study of Personality and Achievement Motivation of Foreign Students in India. (Included in a Book on Cross-cultural Psychology by Dawson, Hong Kong).
- Mohan, J. (1982). An Experimental Developmental Study of Performance Reminiscence and Vigilance. *Studia Psychologica*, 24, 1, 71-76.
- Mohan, J. and Bhatia S. (1985). Intelligence, Sex and Psychomotor Performance. *Indian Psychological Review*, Vol. 28, No. 3, 1-6.
- Mohan, J. and Sehgal, M. (1982). Vigilance : A Psychophysiological Review. *Indian Psychological Review*, Vol. 22(1), 20-34.
- Mohan, J. And Sehgal M. (1981). A developmental Study of Psychomotor Performance. *Indian Jr. of Psychology*, 54, 159-164.
- Mohan, J. (1982). Training and Education of the Mentally Retarded : Some Theoretical and Psychological Considerations. *Indian Jr. of Mental Retardation*, Vol. 15(1), 1-9.
- Mohan, J. (1982). The students perception of Nehru in Nehru and Indian Literature. Edited by Dr. V.N. Tiwari, 77-80, Panjab Univerisity, Chandigarh.
- Mohan, J. (1982). A Cross-Cultural Study of Foreign Students. *Psychology*.
- Mohan, J. and Malhotra, RVR (1981). Noise-A Psychophysiological Review. *Social Sciences Research Journal*, Vol. IV, No.1, 1-13.
- Mohan, J. and Sehgal, M., and Bhandari, A. (1981). Intelligence, Sex and Vigilance. *Pers. & Ind. Diff.*, 3, 343-344.
- Mohan, J. (1984). Creative Writing : The Theme of Reform, Indian Literature. Vol XXIV, No. 3, 86-95.
- Mohan, J. (1982). Strategies to Minimize disadvantage of mentally Retarded. *IJMR*, UGC Workshop on Disadvantaged Children. S.V. University, Tirupati.
- Mohan, J. and Sharma, N.K. (1983). A Study of Urban Youth, *Indian Psychological Review*, Vol. 28 (1), 1-8.
- Mohan, J. and Jahangiri, H. (1985). Managerial Effectiveness in Relation to Occupational Goal Values (with Jahangiri). *Indian Journal of Applied Psychology*, 22(2), 70-75.
- Mohan, J. Sehgal, M. and Bhandari, A. (1981). Sociometric Status. Personality, Academic Achievement and Personal Problems. *Indian Psychological Review*, 22 (2), 20-30.



- Mohan, J. (1983). A Study of Managerial Effectiveness in Education Institutions. *APRC* (with H. Jahanagiri), 2,2,11-17.
- Mohan, J. and Viridi, P.K. (1985). A Study of Personality of Persistence (with Paramjit K. Viridi), *Indian Psychological Review*, Vol. 28, No. 6, 17-19.
- Mohan, J. and Charate, M. (1982). A Study of Personality and Achievement Motivation of Army Executives. *Indian journal of Managerial Psychology*, 3,2, 68-70.
- Mohan, J. (1983). Nehru Yuvak Kendra: Organized Rural Youth Work. *Youth in Action : Patterns & perspectives of Youth Activities in India*. RDC CYP: Asia Pacific Centre, Chandigarh.
- Mohan, J. and Gulati, A. (1988). A Study of Academic Achievement in Relation to Personality & Adjustment (with Anita Gulati). *Asian Jr. of Psychology and Education*, 21 (6,7,8), 3-15.
- Mohan, J. (1988). Promoting Inter-personal Communication. Lecture Script 2. Distance Training Course in Youth Work. CYP:Asia Pacific Centre, Chandigarh.
- Mohan, J. (1988). Motivation Among Youth & Its Nature. Lecture Script 4. Distance Training Course in Youth Work. CYP:Asia Pacific Centre, Chandigarh.
- Mohan, J. (1988). Socialization Pattern and Development of Youth Culture. Lecture Script 1. Distance Training Course in Youth Work. CYP:Asia Pacific Centre, Chandigarh.
- Mohan, J. and Sharma, N.K. (1984). Adjustment of Tribal & Urban Youth in Relation to Extroversion & Neuroticism, (with N.K. Sharma). *Indian Psychological Review*, Vol. 26, No. 1, 29-32.
- Mohan, J. (1984). A Study of Managerial Effectiveness in Educational Institutions. *P.U. Research Bulletin Arts*, Vol. 27, No. 1, 4-9.
- Mohan, J. & Sharma, A (1987). A Study of Performance in Relation to Practice, Personality, Intelligence and Sex. *J. of Psy. Res.* 31 (3), 171-178.
- Mohan, J. & Rattan, N. (1987). A Study of Personality and Values of IAS, IPS, IRS Executives – II – H.P. *Inst. of Pub. Adm.* II (2), 1-5.
- Mohan J. & Rattan, N. (1987). Executive Effectiveness, Personality, Values and Achievement Motivation. Rastogi, J.L. & Arya, P.P. & Tripathi, S.D. (Ed.) *Planning for perspective* (Deep & Deep, New Delhi), 296-303.
- Mohan, J. (1988). Sports Psychology in India : A Frontier of Psychology. *Proceedings 75th Indian Science Congress*, Pune.

- Mohan J. & Dhaliwal, V. (1988). STM & LTM as determined by age; sex, sense modality & distribution of practice. *Per. Ind. Diff.* 9 (5), 929.
- Mohan, J., Joginder, K. & Seth, S. (1988). A Study of Special Ability of Karate Players in Relation to Certain Psychological Determinates, *NIS Scientific Journal.* 11(1), 22-28.
- Khan, H.A. Mohan, J. and M. Khan. (1988). A Study of Personality Traits of Asian Athletic Coaches. *Abstract Guide (Seoul Olympic Scientific Congress).*
- Mohan, J. and Renuka, J. (1990). Creativity among management and Engineering Students in relation to their personality, locus of control and alienation. *International Journal of Behavioural Sciences*, Vol. 10, No. 1-2, 23-31.
- Mohan, J. and Kaur, M. (1990). A Study of Adjustment of University Research Scholars in Relation to their Personality and Intelligence. *Asian Journal of Psychology and Education*, Vol. 23, No. 7-8, 1-11.
- Khan, H.A., Mohan, J. and Khan, M.A. (1991). A Study of Personality Traits of Asian Athletic Coaches. *Indian Journal of Sports Science and Physical Education.* Vol. 3, No. 1, 15.
- Mohan, J. and Sahni, S.P. (1991). Drug free education Programme for Sports Supervisors. *First International and Sixth National Conference of Sports Psychology*, 25-27, 30.
- Mohan, J., Meena Sehgal & Khan, H.A. (1991). A Study of Sensation Seeking in Relation to Impulsiveness, Venturesomeness and Eysenckian Personality Dimensions in Sportsmen and Non-Sportsmen. *First International and Sixth National Conference of Sports Psychology*, 25-27, 31.
- Mohan, J. and Kakkar, N. (1991). Job Satisfaction of Lawyers in Relation to Personality, Self-esteem, Achievement Motivation and Alienation. *Panjab University Research Bulletin (Arts)*, Vol. XXII, No. 1, 125-130.
- Mohan, J. (1991). Sports Psychology: A New Area. *NIS Scientific Journal.* Vol. 14, No. 3, 37.
- Mohan, J. & Viridi, P.K. (1991). A Study of Relationship of Personality with Vigilance and Persistence. *Ind. Psy. Rev.* 37, 7-8, 1-5.
- Mohan, J. & Kaur, M. (1990). The Effect of Financial Aid Available to University Research Scholars. *The Mind XVIII*(1), 25-29.
- Mohan, J. (1994). Suicide : An Abject Surrender. *Perspective.* The Tribune. 15.5.1994.

- Mohan, J., Sehgal, M. & Bhandari, A. (1993). Sports Specificity & Personality. *Jl. Psy. Res.* 37(3), 20-25.
- Mohan, J., Eysenck, H.J. and Viridi, P.K. (1994). Personality of smokers & Drinkers among University Students. *Jl. IAP* 20 (1), 39-44.
- Mohan, J., Eysenck, H. J. and Viridi, P. K. (1994). Adjustment of Rural Drug Abusers. *Indian J. of Psy.* 69 (1&2), 19-21.
- Mohan, j., Kaur, P. & Datta, A. (1995). Maze Learning of gifted, Normal & Mentally retarded Children. *Indian J. Psy.* 68 (3 & 4), 61-67.
- Mohan, J., Eysenck, H.J. and Viridi, P.K. (1995). A Study of Drug Abuse in relation to personality. *Indian Psychological Review* Vol. 1, 44 (1-2), 20-23).
- Mohan, J. (1996). Sports Psychology: An emerging Frontier in India, in *Current Researches in Sports Science*. Ed. N.B. Shukla, Varanasi. Kapish Press.
- Mohan, J. (1996). Recent Advances in Application of Yoga in Sport Psychology (based on the keynote Address 25th International Congress of Applied Psychology in Madrid in 1994) in *Recent Advanced in Sport Psychology* Edited by J. Mohan, New Delhi, Friends.
- Mohan, J. (1996). Coaching Effectiveness and its Psychological Correlates (with Fortagallend and Dr. Sehgal). *ISSCE 1996 Abstracts*.
- Mohan, J. (1996). Psycho-sociological Factors Influencing Sports Practices, with Special Reference to Stress. In *ISSCE Abstracts*.
- Mohan, J. (1996). The effect of Physical Training of Educational Attributes of Athletics with H.A. Khan) *ISSCE, Abstracts*.
- Mohan, J. (1996). Psychosomatic Problems in Coaches in Relation to Their Personality and Occupational Stress (with Fortgallend & Meena Sehgal). *ICSSE, Abstracts*.
- Mohan, J. (1996). National Integration: Some Psychological Considerations (in M.G. Husain's *Ethnic, Diversity and National Integration*, New Delhi : Manak Publishers).
- Mohan, J. (1997). Personality and Sports. *Handbook of Sports, Psychology, Training Module*, Netanya, Israel.
- Mohan, J. (1997). Globalization and Role Stress Among Women (In Dr. Sethi's *Globalization and Women Jaipur : Rawat*).
- Mohan, J. (1997). Stress and its Management. *Abstract Guide, IX World Congress of Sports Psychology*, Israel.

- Mohan, J. (1998). A Cross-Cultural Experience in Collaboration in Research in Personality. Abstract Guide, IAAP Congress, San Francisco, USA.
- Mohan, J. (1998). A Study of Personality and Role Stress among Army Officers. Journal of Research and Applications in Clinical Psychology.
- Mohan J. (1999). Mental Training and Yoga: Abstract Guide 3rd International Symposium on Metal Training. Salt Lake City, USA
- Mohan, J. (1999). Alienation among Adolescents. Asian Journal of Psychology and Education. 32(1) 17-27.
- Mohan, J. (1999). Cognition, Personality and Stress. Abstract Guide. 3rd International Symposium on Cognition, Varanasi.
- Mohan, J. (1999). Drug Abuse in India. Conference Report of Unesco-Most Project, New Delhi.
- Mohan, J. (2000). A Study of Personality, Death Anxiety, Religiosity and Locus of Control of Army Executives. Asian J. Psychology and Education, 33 (1-2) 15-22.
- Mohan, J. (2000). Stress: The Eastern Perspective Abstract Guide. 25th International Congress of Psychology. Stockholm, Sweden.
- Mohan, J. (2000), Mental Training: The Eastern Model. Symposium on Mental Training and Excellence, Oreboro, Sweden.
- Mohan, J. (2001). Stress and Sports. Proceedings X World Congress of Sport Psychology, Greece.
- Mohan, J. (2001). Mental Training with Special Emphasis on Yoga and Pranayam. Proceedings, World Congress of Sport Psychology, Greece.
- Mohan, J. (2001). CAD among Asians. Abstracts 9<sup>th</sup> European Congress of Psychology, London.
- Mohan, J. (2001). Psycho-Social Correlates of CAD among Indians. Proceedings of South East Asia Regional Conference in Psychology, Mumbai.
- Mohan, J. (2001). International Trends in Sport Psychology: The Agenda for New Millennium. Souvenir, 14th National Conference of Sport Psychology, Varansi.
- Mohan, J. (2002). A study of Stress Coping and Health Cognitions of Adolescents. Souvenir & Abstract Guide. 6th International 37th Indian Academy of Applied Psychology and 3rd Pondicherry Psychology Association Conference, Pondicherry, January, 2002.

- Foreword to the book on Stress Research and Stress Management by Akbar Husain 2001, AMU Aligarh.
- Mohan J. & Puja Sehgal (2002). Health Concerns & Priorities of Indian Adolescents. Abstract Guide XXV International Congress of Psychology. Singapore.
- Mohan, J. & Jitinder Kaur. (2002), Optimizing Sport Performance through Biofeedback induced relaxation & Stress Management Among Elite Athletes. Abstract Guide XXV International Congress of Psychology. Singapore
- Mohan, J., Sehgal M. and Mahajan V.K. (2002). CARD/AC Psychology in a book by Professor B.S. Gupta. Varanasi.
- Mohan, J. (2002). Sport Psychology-Challenges And Possibilities. Inaugural Address Souvenir. 15<sup>th</sup> National Conference of Sport Psychology. Almora.
- Mohan, J. (2003). Stress Among Refugees. Global Health Research Forum. Geneva.
- Mohan, J. (2003). Problems in Sport Psychology. Souvenir Keynote Address. 16<sup>th</sup> National Conference on Sport's Psychology. Meerut.
- Mohan, J. (2003). Going Beyond Stress. International and National Conference of Applied Psychology (Abstracts). Jodhpur.
- Mohan, J. (2004). Eastern and Western Viewpoints on Counselling and Therapy. Abstracts Guide / Souvenir 2<sup>nd</sup> Asian Conference on Psychotherapy. Tehran.
- Mohan, J. (2004). Stress Among Elite Sportsmen: Workshop. Abstract Guide. National Souvenir on Sports and Life. Chandigarh.
- Mohan, J. (2004). CAD Among Indians. Special Lecture. 9<sup>th</sup> International and 4 National Conference of Applied Psychology. Rohtak.
- Mohan, J. (2005). Stress Management: An Agenda For Life. Keynote Address Souvenir International Conference on Stress Management. Varanasi.
- Mohan, J. (2005). Workshop on Stress Management Abstract Guide. Conference of Malaysian Association of Psychology. Kota Kinabalu.
- Mohan, J. (2005). Environment and Man. Keynote Address Souvenir Proceedings National Conference on Environmental Psychology. Guhati.
- Mohan, J. (2005). Millennium Goals and Applied Psychology. Abstract Souvenir National Conference on Applied Psychology. Calcutta.

- Mohan, J. (2005). (Presidential Address) Challenges For Applied Psychology. Abstract/Souvenir 9<sup>th</sup> International and National Conference In Applied Psychology. Bodhgaya.
- Mohan, J. (2006). Presidential Address. International and National Conference of Applied Psychology. Chennai.
- Mohan, J., Vijay Mahajan and M. Sehgal. (2006). Cardiac Psychology: An Indian Experience (in Mohan J. & Sehgal, M. edited Volume Health Psychology, Delhi: Abhijeet). 1-27.
- Mohan, J., Sehgal, M., and S. Shouri. (2006). Role of Emotions And Personality In Diabetic Compliance: A Gender Perspective. (in Mohan J. & Sehgal M. edited Volume Health Psychology. Delhi: Abhijeet, 96-154.
- Mohan, J. (2006). Cardiac Psychology. J.I.A.A.P. Special issue. 32.2. 214-220.
- Mohan, J. (2008) Spiritual Psychology and Subjective Well- Being (in Husain, A. et al edited Horizons of Spiritual Psychology. New Delhi: Global Vision).49-74.
- Mohan, J., Sehgal, M., & Tripathi, A. (2008). Psychological Well-being, Spiritual Well-being and Personality( in Husian, A. et al edited Horizons of Spiritual Psychology. New Delhi: Global Vision).75-104.
- Mohan, J., Sehgal, M., & Tripathi, A. (2008). Psychological Well-being, Spiritual Well-being and Personality. *Journal of Psychosocial Research*, 3 (1), 81-97.
- Mohan, J. (2008, February). *Positive Psychology- Past Insights and Future Promises*. Proceeding 12<sup>th</sup> International & 43<sup>rd</sup> National Conference of Indian Academy of Applied Psychology. Kolkata, India.
- Mohan, J. (2009, November). *Excellence in Sports and Life*. Invited lecture at India International Congress in Sports Psychology. Gwalior, India.
- Mohan, J. (2010, January). *Eastern and Western Psychotherapies: A Perspective*. Keynote address at 5<sup>th</sup> International Conference of World Council for Psychotherapy (Asian Chapter) and 4<sup>th</sup> International Conference of Yoga & Psychotherapy Association of India. Chandigarh, India.
- Mohan, J. (2010, January). *Spiritual Psychology and Stress Management in the 21<sup>st</sup> Century*. Invited lecture at 97th Indian Science Congress. Thiruvananthapuram, India.
- Mohan, J. (2010, March). *Emotional Intelligence: What it is and why it Matters?* Keynote address at National Seminar on Emotional Intelligence: A key to human Well Being. Lucknow, India.

- Mohan, J. (2010, March). *Pursuit of Excellence: Meeting New Challenges*. Keynote address at 2<sup>nd</sup> Chandigarh Social Science Congress. Chandigarh, India.
- Mohan, J. (2010, July). *The psychosocial factors in coronary artery disease*. Proceeding 27<sup>th</sup> International Congress of Applied Psychology. Melbourne, Australia.
- Mohan, J. (2010, September). *Mind is the First Frontier of Sports Excellence*. Invited lecture at 14<sup>th</sup> Commonwealth International Sports Science Congress. Delhi NCR, India.
- Mohan, J. (2010, November). *Mind is the Ultimate Frontier of Excellence*. Special lecture at International Conference on Enhancing Human Potential: Bio-Psychosocial Perspectives. Chandigarh, India.
- Mohan, J. (2010, December). *Fasting: A multidimensional Human Behavior*. Proceeding Fasting and Sustainable Health Conference. Malaysia.
- Mohan, J. (2010). Optimism, Health Habits and Locus of Control among Sportsperson and Non-Sportsperson. Abstract souvenir XIV Commonwealth International Sports Science Congress. Faridabad, India.
- Mohan, J. (2011, February). *Personality Psychology and Sport Performance*. Keynote address at 21<sup>st</sup> National Conference of Sports Psychology. Guntur, India.
- Mohan, J. (2011, March). *Psychosocial Dimension of Development of Culture of Health*. Special lecture at Anthropological and Psychological Approaches for a Healthy Society (Special session of the section on Anthropological and Behavioral Sciences of Indian Science Congress). Chandigarh, India.
- Mohan, J. (2011, May). *Personal Happiness, Organizational Joy and Positive Audit & Agenda*. Keynote address at International conference on Psychology in Contemporary Context: A Positivistic Approach. New Delhi, India.
- Mohan, J. (2012) Emotional Intelligence . What it is and why it matters( in Singh , B. and Chakravarty, R.T. edited Emotional Intelligence Towards Better Performance. Delhi: APH).1-7.
- Mohan, J. (2012) Comparison of Passion, Sports Motivation and Goal Orientation among Team and Individual Game Players. *Journal of Positive Psychology*, 1, 6-13.
- Mohan, J. (2012) Eastern and Western Perspectives of Positive Psychology :The rebirth of consciousness invited lecture at 99<sup>th</sup> Indian Science Congress, Bangalore, India.
- Mohan, J. (2012) Ethical issues in Medical Research. In Kaushik, S.P, Sethi Jand Saijpal, A.K. edited Ethics in Medical and Health Care, Chandigarh: Unistar
- Mohan, J. (2012) Emerging contours of Psychology: A multidimensional view. Keynote Address at International Conference of Applied Psychology. Chandigarh, India.

- Mohan, J. (2012) Positive Psychology: Looking Ahead. Keynote Address at National Conference of Indian association of Positive Psychology. New Delhi, India.
- Mohan, J. (2012) Book Review “Handbook of Indian Psychology” edited by Rao, K.R., Pranjpe, C.A and Dalal, A.K. (2008). *Indian Journal of Psychology*, 136-138.
- Mohan, J. (2012) Positive Behaviour : Perspectives Applications. Keynote Address at National conference on Positive Behaviour: Perspectives and Applications, Pondicherry, India.
- Mohan, J. (2012) Positive Psychology across cultures. Keynote address at international conference of Application Psychology, Lahore, Pakistan
- Mohan, J. (2012) Positive Psychology: Overview. *Indian journal of Psychology*, 1, 121-135.
- Mohan, J. (2013). Managing Stress and Anxiety through Exercise and Progressive Relaxation Techniques. *Indian Journal of Sports Psychology*. 1, 11-17.
- Mohan, J. (2013). NIRBHAYA: A way to Gender Sensitization. Training Module for Woman Police Officers. Indian Social Institute: New Delhi.
- Mohan, J. (2013, March). Trauma and Beyond: A Psychological Analysis of Preventive and Healing interventions. Keynote address at International Seminar on Psychology of Trauma: Women and Children in violent conflict. Jamia Milia Islamia, New Delhi.
- Mohan, J. (2013, July). *Mindfulness: an Emerging Frontier of Mental Training for Excellence and Harmony*. Invited Symposium at ISSP 13<sup>th</sup> World Congress of Sport Psychology. Beijing, China.
- Mohan, J. (2013, December). *The Psychological Factors Related to Human Development*. Inaugural Keynote address at International Conference on Sustainable Development. Chandigarh, India.
- Mohan, J. (2014, January). *Cognitive and Philosophical Aspects of Happiness*. Guest of Honour, Chairperson and Keynote Address at 2<sup>nd</sup> International Conference on Recent Advances in Cognition and Health. Varanasi, India.
- Mohan, J. (2014, February). *Excellence: The Undauntedness of the Spirit*. Special Lecture in 101<sup>st</sup> Annual Session of Indian Science Congress. Jammu, India.



### **LIST OF Ph.D's GUIDED**

<b>S. No.</b>	<b>TITLE</b>	<b>NAME</b>	<b>YEAR</b>
<b>1.</b>	An experimental study of personality and drive as determinants of effect of noise on performance. (GNDU)	Raghu Vansh Rattan Malhotra	1973;1976
<b>2.</b>	An experimental study of personality and drive as determinants of psychomotor performance and reminiscence of boys and girls.	Ashok Kumar	1974
<b>3.</b>	Parent's personality and its relation to behavior disorders of childhood.	Raghunath Singh Verma	1976
<b>4.</b>	An experimental study of drive, work-rest ratio and initial performance as determiners of perceptual motor reminiscence.	Shashi Jain	1976
<b>5.</b>	A comparative study of the personality characteristics, adjustments and motivation level of non-participants and participant children of secondary schools in physical activities.	Gurwant Kaur Dhillon	1979
<b>6.</b>	Study of neuroticism, extraversion, achievement, motivation and perception of self of army executives and their wives.	Mohini Charate	1980
<b>7.</b>	Psychomotor performance and vigilance in children as a function of age, sex and motivation.	Meena Kumari Sehgal	1981
<b>8.</b>	An experimental study of personality, drive and age as determinants of reminiscence in children.	Anuradha Bhandari	1981
<b>9.</b>	A comparative study of extraversion, neuroticism, achievement motivation and adjustment of tribal, rural and urban youth of Himachal Pradesh.	Narinder Kumar Sharma	1981
<b>10.</b>	A comparative study of personality and achievement motivation as determinants of appeal and retention of advertisements among Indian and Foreign students.	Reetinder Kaur Giani	1982
<b>11.</b>	Managerial effectiveness in relation to personality, occupational goal values, leadership style and organisational climate in educational institution.	Hooshang Jahangiri	1983
<b>12.</b>	Comparative study of academic achievement in relation to personality, self perception, adjustment and values.	Anita Gulati	1984
<b>13.</b>	A psychometric study of motivation of college and university students of Chandigarh.	Harmeet Kaur	1984
<b>14.</b>	Alienation of urban youth: A study in relation to personality, achievement motivation and academic achievement.	Joginder	1984
<b>15.</b>	Study of reaction time of exceptional children.	Manju Jain	1984
<b>16.</b>	Standardization of personality questionnaire on Indian students.	Parmjit Kaur Viridi	1984
<b>17.</b>	A study of physical fitness attitude towards physical activity and adjustment among university students	Charanjit Singh	1986

	across socio-economic levels.	Grewal	
18.	Executive effectiveness in relation to personality, self-perception, values and achievement motivation.	Neelam Rattan	1986
19.	A psychological survey of drug abuse in a village of Punjab.(A study of personality, adjustment and authoritarianism among rural male youth).	Kuljit Singh Hans	1986
20.	An experimental study of short-term and long-term memory as determined by motivation, age, sex and sense modalities.	Kamini Verma	1987
21.	A study of altruism, personality, achievement motivation and adjustment of doctors.	Neeta Kapila	1987
22.	Factor- analytical study of sociometric status.	Padam Nabh Vasudeva	1987
23.	An experimental study of short term and long term memory as determined by distribution of practice, age, sex and sense modalities.	Varinder Dhaliwal	1987
24.	An experimental study of psychomotor performance and reminiscence as determined by personality, intelligence, sex and practice.	Archna Sharma	1988
25.	Aggression among children: A Socio Psychological Appraisal.	Arunima	1988
26.	A study of creativity in relation to personality, locus of control and alienation.	Renuka Joshi	1988
27.	A study of the effect of special sport, training of some psychological attributes of athletes.	Hussain Ahmed Khan	1989
28.	A study of adjustment of university research scholars in relation to their personality, intelligence, values and socio-economic status.	Manjeet Kaur	1989
29.	Correlates of dimensions and types of social status: a cross-age perspective.	Monica Dhingra	1989
30.	A study of adolescent alienation in relation to personality, values, adjustment, self-esteem, locus of control and academic achievement.	Nisha	1990
31.	A cross cultural study of personality, values and altruistic behaviour of youth workers.	Devindra Pal Agochiya	1991
32.	Study of drug addiction in Northern India: its genesis and consequences with special reference to heroin.	Sanjeev P. Sahni	1991
33.	A study of reminiscence of gifted, normal and mentally retarded children.	Neeraj Kakkar	1993
34.	A study of stress in relation to personality, death anxiety, religiosity and locus of control of army executives.	Preeti Bhatia	1993
35.	A psychometric study of students in distance education.	Ravi Kant	1993
36.	Parvasi Punjabi kavita- ik manovigyanik adhiyan	Pamela	1996
37.	Psychological correlates of stress among patients with migraine.	Azarmidokht Razaee	1997
38.	Autistic processes: A study of its individual and social	Chavi	1997

	characteristics.	Bhargava	
39.	A study on coaching effectiveness and its psychosocial correlates.	Guy de Fortgalland	1998
40.	A study of the role of psycho social factors in coronary heart disease and hypertension.	Innocent Osita Opara	1999
41.	A study of organizational role stress and ways of coping among prison officers in relation to personality, alienation, motives and quality of working life.	Manreet Riar	2000
42.	A study of effect of biofeedback induced relaxation on certain perceptual motor skills among elite athletes.	Jatinder Kaur	2001
43.	Study of occupational stress and burnout among nurses in relation to personality, self-esteem and ways of coping.	Mary George	2002
44.	A study of effectiveness of cognitive therapy and relation therapy on anxiety neurosis.	Rana Boroumand	2002
45.	A study of role efficacy of polytechnic teachers- its relationship with personal and organizational characteristics.	Yogender Kumar Anand	2002
46.	A study of psychosocial correlates of teenage health.	Pooja Sehgal	2003
47.	Role of stress, coping, social support and personality in diabetes management.	Shruti Shourie	2003
48.	Comparative study of stress, coping, well-being and marital adjustment of parents of mentally retarded and normal children.	Geetha, B.	2005
49.	Treatment of children and adolescents obsessive compulsive disorder: The combination of cognitive behaviour therapy with clompramine.	Shahram Vaziri	2005
50.	A study of emotional intelligence in relation to managerial effectiveness, personality, stress and coping styles of executives.	Sonia Mangla	2005
51.	A study of psychosocial characteristics of adolescents at risk for essential hypertension.	Ekroop Caur	2006
52.	A cross cultural study of adolescents stress and coping in relation to personality, family environment and happiness orientations.	Pegah Farokhzad	2007
53.	A study of interpersonal forgiveness in relation to personality, religiosity and emotions among adolescents.	Akanksha Tripathi	2008
54.	Stress and Anxiety Reduction through exercise and relaxation therapy.	Nosratollah Montazeri	2009
55.	A study of role of protective and risk factors in smoking and drinking among adolescents: Implications for educators.	Vipin	2010
56.	A study of stress, self-esteem, hostility and social support among coronary artery disease patients in Iran.	Pasandideh Mohammad Mehdi	2011
57.	A study of psychosocial correlates of dieting pattern of adolescent boys and girls.	Poonam Ghai	2011

58.	A study of efficacy of cognitive behaviour group therapy on anxiety, depression, well being and self-esteem of war handicapped.	Mehryaar Anasseri	2012
59.	A comparative study of psychosocial characteristics of adolescent offspring of alcoholic and nicotine addicts.	Nitika Gupta	2012
60.	A study of psycho-social aspects of evaluation of sports injury and rehabilitation.	Maman Paul	2013

### M.Phil Dissertations

S.No.	Title	Name	Year
1.	A study of personality, intelligence, achievement motivation and adjustment problems of rural and urban children.	Anita Bali	1979
2.	A comparative study of simple and choice reaction time of gifted, normal and mentally retarded children.	Manju Jain	1981
3.	A comparative study of vigilance and fluctuation of attention of gifted, normal and mentally retarded children.	Renu Bajaj	1981
4.	A study of personality, self perception and adjustment of university students.	Renu Malhotra	1981
5.	A study of academic achievement in relation to personality, self-perception, adjustment and values.	Anita Gulati	1982
6.	Standardization of PQ on Panjab University students.	Parmjit Kaur Virdi	1982
7.	An experimental study of reminiscence of psychotics, neurotics and normals in relation to their personality and motivation.	Pankaj K. Kaushik	1983
8.	A study of psychomotor performance of gifted, normal and mentally retarded children.	Sangeeta Bhatia	1983
9.	A study of psychomotor performance and reminiscence as related to personality, intelligence and practice.	Archna Sharma	1984
10.	A comparative study of memory of gifted, normal and mentally retarded children.	Minati Pattnaik	1984
11.	A study of altruism in relation to personality, locus of control, alienation and academic achievement of university students.	Anju Behl	1986
12.	A study of maze learning of gifted, normal and mentally retarded children.	Anu Datta	1986
13.	A study of altruistic behavior in relation to personality and values of adolescents.	Ram Singh Sheoran	1986
14.	A study of job-satisfaction of doctors in relation to their personality, values and self-esteem.	Sangeeta Datta	1986
15.	Psychological correlates of parental attitude towards mentally retarded children.	Rachna Bhargava	1988
16.	A study of problem solving of gifted, normal and mentally retarded children.	Raj Kumar Aggrohiya	1989