

Name of Department : Psychology
Name of Program : M.A. Psychology

<p>Vision</p> <p>The Department of Psychology, Panjab University, Chandigarh, aspires to be a nationally acclaimed in learning and researches to apply scientific principles of behavior and mental processes.</p> <p>Significant contribution for practical application and implication of psychological science to produce local, national and global professionals for psychological wellness across the age, gender and culture.</p>
<p>Mission</p> <ul style="list-style-type: none"> • Students will be equipped to serve in psychology profession by enhancing professionalism for systematic functioning, helping others to impact changes at individual or community level. • To attain psychological well being across the boundaries • Imbibing application and implication of psychological skills • Inspire the budding Psychologists to grow socially and emotionally well
<p>THEORIES & SYSTEM-SEM-1</p> <p>Objectives: The main aims of the course to help the students to:</p> <ol style="list-style-type: none"> 1) Appreciate basic assumptions, principles and historical roots of modern scientific psychology. 2) Understand main theoretical perspectives in Psychology. 3) Have an appraisal of the contemporary theoretical developments in modern psychology.
<p>Course outcomes</p> <ul style="list-style-type: none"> • Theoretical and conceptual knowledge about different schools of thoughts in psychology. • Locate, evaluate, and apply psychological information. • Use the scientific method as a basis for critical thinking. • Apply technical language of psychology in days to day life
<p>SOCIAL PSYCHOLOGY SEM-1</p> <p>Objectives: The course aims to equip the students to:</p> <ol style="list-style-type: none"> (i) Understand the interface between society and psychology. (ii) Appreciate how individual behavior is influenced by socio-cultural factors. (iii) Realize how social psychology can be applied to issues both at a personal level and a broader social level. (iv) Understand how social behaviour can be analyzed in terms of social psychological theories.
<p>COURSE OUTCOMES:</p> <ul style="list-style-type: none"> • Enable to Interact effectively and work productively with others. • Equip for interface between individual and society • Understand the social issues at personal level and above that too. • Effectively analyse the social situation to be more adaptive.
<p>EXPERIMENTAL AND COGNITIVE PSYCHOLOGY, SEM-1</p> <p>Objectives:</p> <p>This course aims to enable the students to acquire an intensive conceptual</p>

knowledge about the experimental and cognitive researches and insights in the areas of learning, Attention, Perception, Memory and different aspects of motivation.

COURSE OUTCOMES:

1. Apply empirical, theoretical and applied perspectives of mental processes in terms of cognitive point of view.
2. Coordination in cognitive phenomenon to apply research methods in cognitive psychology
3. Intensive conceptual knowledge about the experimental and cognitive researches and insights

RESEARCH METHODOLOGY AND STATISTICS, SEM-1

Objectives:

1. This course introduces students to basic nature of Psychology – Psychology as a science and related concepts.
2. This course deals with various research techniques and assessment tools as used in the field and laboratory settings.
3. This course also aims at familiarizing students with correlational techniques and some multivariate techniques.
4. To give students a thorough understanding of non-parametric techniques.

COURSE OUTCOMES:

1. Knowledge of quantitative research methods in psychology
2. Understand the statistical significance of psychology as a science
3. Equip with different research techniques and assessment tools to study human behavior

M A-II

CHILD PSYCHOPATHOLOGY:

Objectives:

To provide the students an insight into the nature, etiology, symptoms, and treatment of childhood disorders.

COURSE OUTCOMES;

1. Familiarization with theoretical and empirical updates in the area of abnormal child psychology
2. Understand assessment and diagnoses of the major psychological disorders in child
3. Analyze Bio-Psycho-Socio-Cultural perspectives of child psychopathological
4. Understand the behavioral disorders commonly seen in children and adolescents.

CLINICAL DISORDERS

Objectives:

1. To train the students in various psychological assessment techniques.
2. To impart skills necessary for selecting and applying different tests for different purposes such as evaluation, training and rehabilitation.

COURSE OUTCOMES:

1. Acquire the assessment and diagnostic techniques for psychological disorders
2. Enable to differentiate between normal and abnormal behavior in day to day life
3. Apply therapeutic intervention for rehabilitation of the psychological clients.

COUNSELLING PSYCHOLOGY: PROFESSIONAL FOUNDATION
Objectives: The present paper introduces fundamental features of counselling. It aims at acquainting students with essential skills, understanding and utilization of various counselling techniques for developing as an effective counselor.
COURSE OUTCOMES
<ol style="list-style-type: none"> 1. Understand the fundamental counseling skills. 2. Apply counseling techniques as an intervention for psycho-social deviations. 3. Equipped with the efficiency as an counselor to extend psycho-social support
POSITIVE PSYCHOLOGY
Objectives: <ol style="list-style-type: none"> 1. To trace the development of positive psychology as an independent discipline with its multidimensional perspective. 2. To study the relationship of personality and situational variables with positive psychology. 3. To discuss strategies to enhance positive affect.
COURSE OUTCOMES
<ol style="list-style-type: none"> 1. Understand the multidimensional perspective of positive psychology 2. Explore the variables pertaining to situational and personality variables in relation to positive psychology 3. Enable to optimize positive affects
MEDIA PSYCHOLOGY
Objectives: <ol style="list-style-type: none"> 1. To acquaint the students with the emerging area of media psychology as an interdisciplinary course. 2. To promote positive views of media for the betterment of society
COURSE OUTCOMES:
<ol style="list-style-type: none"> 1. Acquire the knowledge of the merging area of media psychology 2. Apply positive view of media for the betterment of society